



Transcript: Wake Up Happy with Bubba Paris

HOST

Kym Yancey

SPEAKER

Bubba Paris

PRESENTATION

Kym

Hey! Good morning. This is *Wake Up Happy* brought to you by *Live Happy* magazine, the Live Happy organization. We're just a happy group of people that are so excited to be sharing this time with you this morning. This is the third day in our five day series of happiness and waking up to happiness, with ideas, and insights, and strategies. I'm really excited, too, because today we're featuring an NFL Superstar, Bubba Paris, from the San Francisco 49ers, so you'll be hearing about that.

Sorry about, we've got a little noise in the background and we're going to see if we can't clean that up for you, some moving around. We'll see if we can't get that to stop for us.

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But, listen, I just want to tell you that it's such a wonderful time, especially when you start your day with happiness, when you start it with the excitement of what's ahead and you begin it with gratitude. I want to say hello to Janice in Australia, Scott from British Columbia, welcome to *Wake Up Happy*, Sarah from Rhode Island, welcome to *Wake Up Happy*, George from Nevada, Carmen from Australia, Stefan from London, England, great to have you with us, and Nagesh from India, I want to say it's great to have you as part of *Wake Up Happy*.

Listen, if this is your first time you might be saying to yourself, well, *Wake Up Happy*, what is that all about? Who are you guys? What are you all about? Well, our company is dedicated to making our world a happier place, and we do this by our *Live Happy* magazine, which you can find in locations all over the country, like Whole Foods, Barnes & Noble, at the airports you'll see our *Live Happy* magazine.

We also just recently went digital with our magazine, so that means that now it's worldwide access. So, right wherever you are you can plug into *Live Happy*, get the magazine, or get the digital edition. It's complete access to you. That's available to you by just simply going to livehappy.com. Just go to livehappy.com and you'll see it there.

I also want to invite you to get social with us, to get involved with us. Our hashtag is #wakeuphappy, and for Twitter you can find us at My Live Happy, and Facebook is My Live Happy in that case, so you can plug into us socially. I want to also give you my e-mail so if there's something you want to share with me, something you want us to know, you can send it to wakeuphappy@livehappy.com. That comes directly to me.

Now, also one of the things we're doing, I want to encourage you to do, is we started this, I don't want to call it a crazy thing, I think it's really, really cool, but we started taking pictures with bananas, and it's just the curve of the banana and the fun that you can have with the banana.

For those of you that are on your computer and you're able to see the PowerPoint that we have, I'm going to show you some of those pictures. We've got a picture here of Nicole, and Pollyanna, and Laurie, and Erin, and Shelley, these are all people that were at an event that we were at in Long Beach where we launched some really cool things with *Live Happy*. They came up and they took pictures and did banana pictures with us, and so we're really creating a whole thing around these banana smiles.

I want to encourage you to send some in to me, or post some to *Wake Up Happy*, share them on Facebook, but we love to see those banana smiles. It's

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just something that's fun and I think it brings mindfulness to our thinking around happiness, so it's a lot of fun.

The other thing I want to remind you about is please make sure you've got March 20, 2015 on your calendar for International Day of Happiness. In fact, that entire week, the 16th of March through the 22nd is Live Happy Week. I just want you to be aware we've got some great things happening that we will send you information and updates about ways that you can really plug into that. Okay?

All right, with that, let's get started with our special guest. William H. Paris, Jr. is better known as Bubba Paris. He hails from Louisville, Kentucky and attended the University of Michigan. In 1982 he was the San Francisco 49'ers first draft choice. He played with them for nine years, eight of which he started at left tackle. In those nine years they won three Super Bowl championships, eight Western Division titles, and played in five NFC Championship games.

In 1982 he formed Paris Enterprises, a marketing and promotional firm. Paris Enterprises focuses on human resources and specializes in motivational speaking, education, seminars, self-esteem workshops, promotional appearances, and auctioning.

Bubba has distinguished himself as one of the nation's premier speakers. He founded Bubba Paris Friends of the Homeless, a non-profit organization, to aid

and assist the homeless in the Bay Area. He's also President and Founder of Champions with Christ Crusade Ministries; he's a poet, and an ordained minister serving as an evangelist.

Bubba, we met, I want to say, first of all, welcome to *Wake Up Happy*. It's great to have you here with us.

Bubba Good morning, everybody. I'm extremely happy to be here and I'm happy, happy to get to talk to you, Yancey.

Kym Hey, Bubba, we met for the first time at Stanford University at the Happiness Hall of Fame ceremonies where you were inducted. Tell me about that experience and what that meant to you getting inducted into the Happiness Hall of Fame.

Bubba Well, it was almost like a validation of my life. I'm a guy that I was this big kid that grew up in Louisville, Kentucky, and when I was growing up, people when you're a pro football player, you're big, you understand that that's a purpose thing and that's a good thing. But when you're in middle school and you're in the eighth grade and you're the biggest person in your class and no one likes you, and that you are ostracized, you're called every name in the book and you can't find this peace inside of yourself, it's not as good.

And so I used to look for this thing that I used to call normal, and to me when I was growing up normal was everything that wasn't me. When I was a kid that there was something wrong with me. I talked too much. I was big. And so I couldn't find myself. But I went on to discover that I was born perfect for my purpose in life as a football player.

But when I went to play football I used to go and engage it with a passion, but I had a father who set a value system in my life and he said, "To whom much is given, much is expected." And so imagine going to Michigan and be the first person to start, and then to be an All-American, to go to the Rose Bowl, to go to the Blue Bonnet Bowl, to actually get drafted by the San Francisco 49ers and be a starter from the beginning and win three Super Bowls. But what I discovered is, is that I was making people happy by playing football, but I had an obligation to the people who watched the game, that if they were going to pay to watch me play football, then I had an obligation to impact their life in a meaningful way other than playing football.

And so I decided that I was going to be a motivational speaker, I was going to tell my story. And so I've been out in the world telling my story, but being inducted into that Hall of Fame, being around other people who have made it a point in their life to make people happy with their life, happy, it validated me. It made me think that when you think that you're the only one and you think that

you're by yourself out there trying to tell a message, this Hall of Fame let me know that someone noticed it, and I really appreciated it for that reason.

Kym

Hey, Bubba, how did you get in touch with going through, and I'm just curious about this phase in your life where you made the transition where you connected the dots around happiness, positive attitude, when did that kick in for you? Because it sounds like at an early age very awkward, self-confidence, a whole lot of things in your way, but it sounds like, am I right in saying there was some kind of switch that was flipped where you moved into positive thinking and happy thinking? Can you share your thoughts on that?

Bubba

It was. And that's one of the things that I think is my purpose in life, to help this thing that happened to me happen to other people. Imagine, like I said, that I was on this journey never thinking I'm happy. The thing that's so crazy, I go into schools now and I do a speech called, "From the Top of My Head to the Soles of My Feet I'm Perfect in Every Way." And the reason that I give that speech is that one day I was going to an event, and this will get to your question, and there was a big kid coming to me, I'm 6 foot 7, 365 pounds, a good looking man, you know what I mean, so I'm a big guy but I look good, and I see big as good. This was a kid that was eight years old, walked up to a table when I was signing autographs, and so he was a big kid. In my mind I automatically think the projected life through, and I saw him as a football player. I walked up to him and

I said, "How are you doing? How are you doing?" I said, "You're a baby Bubba." And I kept calling him "big" and then the more I called him big the more I realized that he got sadder, he kept getting sadder and sadder.

And then, like I said, I had to reflect back and remember being eight years old, being him thinking that I wasn't normal. And then to go through life thinking something was wrong with me and then one day going out on the football field and a coach looking at me and saying, "You're big. You'll be a perfect tackle." And that even though I saw no purpose for me being this way, I saw no good in it, I was ostracized and set apart, this guy let me know that these attributes were precise and perfect, that my nature was exactly the way it was for me to be in order for me to fulfill my purpose.

And so he believed in me and he kept telling me that "You're good." He told me, it was Ron Magic, my high school coach, he told me that I was good so often and so much that I started believing it, that I manifested the greatness that he saw in me.

So, one of the things that I think that is important is that we have to have people that are able to see the natural things about us and project them into a good vision that wants to help other people see that the attributes that they have has a positive ending.

I can go into a school and see people, and I would say, "All you kids who love to talk raise your hand, and who get in trouble for talking," and they all raise their hand. I say, "Yes, you get in trouble for talking, but one day you have the ability to be a motivational speaker, or you can be a news commentator. If your friends come and they love you then one day you can be a councilman.

So to be able to take the things that people have in their life that they see as negative, but to be able to create a paradigm shift to where they actually see these things as a functional, useful part of their life, then they don't see themselves as a castoff. They see themselves as normal. And seeing yourself as normal, seeing yourself as having a purpose is one of the key foundational pillars for being happy. I have to be happy with who I think that I am in order to be happy. I have to think that I'm perfect from the top of my head to the soles of my feet. And someone helped me to have that epiphany.

Kym

That is so vital to our humanness to see ourselves, that we do have greatness within us and that it becomes, and that we receive it not just as some idle words, but that through gratitude within ourselves, being grateful for things that we have, but to be able to look at ourselves and understand, and I love that, and understand that there is a divine purpose, there's a deep meaning to you being made the way you are.

And part of this is, one, discovering it within ourselves, but it's amazing how that word, that word from the coach or someone, oh, "You're absolutely perfect for this position." In this case it was a tackle, but it could be anything, a writer, it could be a painter, or a surgeon, whatever it might be, right, Bubba?

Bubba

Yes, you're right. This is what I say, I tell people all the time that there's over 32 million books in the Library of Congress because over 32 million people saw the exact same world in 32 million different ways. That we live in a world that exists in its present form because someone was different and found the perfectness in their differences.

You know what's so funny, I remember I'm at a time when good music used to be, "I believe in you and me. I believe that we can be," so that used to be old school music. And then when my kids were born they had rap music, and I looked at this and I said, who in the heck would listen? I still don't like rap music. And I remember when they said don't mean to bring out [ph] all these little rap songs they used to have, but someone started it and now it is a billion dollar industry because someone had a different interpretation of the exact same world.

And so the thing that I like to encourage people is that Deepak Chopra put seven spiritual laws of success says this, that we're pure potential, that I am the pure potential for the thing that I was first to give to the earth. That nature is purpose. And when Sir Isaac Newton was sitting on that apple tree and an apple fell off the tree and hit him in his head, most of us would have moved. But because he was born with the ability to see gravity he looked into himself and had a formula that did not exist before him, that if you go to a school like Michigan, the greatest academic and athletic institution in America by far—that's what I tell people.

Kym Good thing you're not biased. Go ahead.

Bubba But the thing that's so crazy about it, and this is the one that my daughters, if you want to see some great athletes go look up Courtney and Ashley Paris. They're my twin daughters who play basketball for Oklahoma.

Kym Okay, say their names, say it again slower.

Bubba Courtney and Ashley Paris. They play in the WNBA now for the Tulsa Shock. But they had an outstanding career at Oklahoma, broke hundreds of, I mean, 25 records, men and women records, and 75 women records in college basketball, and one graduated with a 4.0 and one graduated with a 3.8. The reason I think

that they had such great success is because I had six sons who all went to college, too, and they got scholarships and they had different degrees of success academically, so I had a different paradigm when it came to my daughters. I wanted them to capture that part that's creative in them.

We went down and we talked before they were ready to start classes, and I said, "Ashley and Courtney, how many things can you major in at Oklahoma?" And we looked at a syllabus and we discovered that there were about 58 degree fields. Then we went into this long conversation, why are there 58 things to major in at the University of Oklahoma?

And after our conversation that lasted about three hours this was the conclusion, that the reason that there's 58 things to major in at the University of Oklahoma is because throughout the history of time some people saw something so naturally that when they wrote their natural thoughts down it became the textbook to understand that subject, that the most complicated of physics problem existed in the mind of a person who was born perfect to see physics. That everything we see, everything that we touch, everything that we see around us exists because someone who is just like each and every person on this phone had this laying dormant inside of them.

And I believe one of the foundational pillars of success is when you understand that you are given a piece of creation's puzzle like that, that no matter how crazy I may think my life is, and no matter how much I may be an outcast, or how much I can't make sense of this thing, that that person's that's just like Sir Isaac Newton or Albert Einstein, or Bubba Paris, or Courtney Paris, that I have something in me that is a creation that is so perfect that when I tap it and when I understand it then I will give the world something that it didn't have before me.

And I think that is essential. You have to believe and understand that you are given a piece of creation's puzzle that is something that you see better than anyone in the world, and that is a foundational truth that cannot be denied.

Kym

Talk to me about happiness and what you've learned about happiness, and specifically I want to know, Bubba, this is called *Wake Up Happy*, tell me about what that means to you, waking up happy and how you applied the concept of happiness to your life on a daily basis.

Bubba

The thing that you've got to understand, to be happy is to understand that you're purposed, that you're perfect, so that means that every day that no matter how I feel that I wake up knowing that I'm perfect. And that gives me a sense of happiness. And not only that, but I wake up understanding that I have a purpose

to give this gift that's in me to someone else, that whatever this creation that I have in me, that I'm going to give it to someone else.

It is nothing like, you've got to figure if I was happy when someone told me that I was good and that I had a purpose, imagine the joy that it gives me when I see a kid or I see a lady and all her life that she's been [indiscernible] and she has lived her life and people have told her that she's too big and that she won't find anyone, and then I go and say that every curve you have in your body, everything about you is happy. So not only do I wake up with the idea that I'm all right, I wake up with the idea that I look for God to bring someone into my life that I can share that message with.

So, by giving people that same joy that I give, I call it this thing, I say, "Give to others as though you're giving to yourself." That when you do that, when you make it a point to go out and discover, help other people to make this discovery about themselves that they're perfect, it gives you a true sense of happiness that I am happy.

But not only that, but I sow the seeds of happiness, that when you make other people happy, you know there's a Bible verse that says that, "Whatever you sow you reap." That one day if you sow this happiness all around and you tell people that they have a purpose and you live according to your purpose, and that you're happy with who you are, and you sow that seed to other people that you meet, it

literally comes back to your life. You ensure that you will have happiness in your life when you make it a point to sow happiness with other people.

Kym What do you do, Bubba, I'm just curious, when you have those days where you're not very happy? You have those days sometimes, don't you, where you're feeling a little down. What are some of the things you do to self-correct and to put yourself on the right course?

Bubba I have to remember my journey. Sometimes people forget, see, we sometimes constantly make our whole life about the moment that we're living at that point. I have a speech that I call, "Your History is Not Your Destiny." And I've looked at through hindsight, see, hindsight helps me to understand that no matter how crazy the moment is that it comes to pass. That it's a part of the journey that builds the character as to who you are. And so if I can tell someone something I would tell them this, I would say that in my life I've had moments that seem as though they were going to take me to the brink of disaster, but what I realized is that I made it through those moments and that because I was on a divine purpose that I understood that I had a purpose that something to give to the world that my life had a meaning, I realized that that was just one of the stops that builds character.

So when I face those moments now I know that that moment is not the destiny, that that moment is a part of the softening of who I am. And also what I've discovered is that some of the things in my life that have taken me to the point that it made me sad, that it would seem as though it was taking away my happiness, just allowed me to be a better giver.

Sometimes you can't sense and feel a person's pain until you know what that pain feels like, but what you know, what I've learned through hindsight is that moment comes to pass and so now when you find yourself waking up and you don't feel good, tell yourself that this is the moment on the journey and that this thing that I'm experiencing has a purpose that's going to make me a better giver, it's going to make me better to humanity, it's going to make me better to myself, and so now you're no longer happy.

I've played football games where I went out and I did my absolute best and I didn't win. I didn't have success. But I realized there was a chain of mistakes that I was making. But once those mistakes were identified in my life, I realized that when I faced that exact same set of circumstances next time that I wouldn't have to have the same worries. And so I learned from that experience.

That's what I'm telling people, if you have those moments where you seem as though you're not happy, be happy because you realize that there's a moment

on the way, take the joy out of that moment, take the emotion out of that moment and say that because I'm on a purpose journey that somewhere along the line this moment will be used for something that is good and that I know that no matter how crazy it is it comes to pass.

Kym Yes, of those Super Bowls, the three Super Bowls that your team won, was there one in particular that had a higher level of happiness for you, and if so why?

Bubba Well, it would be my second Super Bowl. I was a guy that when I played in the National Football League I was considered big, that people thought that being 305 pounds and playing football, imagine that nowadays, was considered big, that I was too big to play. That someone looked at me and said, "You're not perfect."

And so Bill Walsh, who was the coach, because I could run fast, I could move fast, I was a great player, and in my seventh year in his mind he thought that I would be so much better if I was 290. But I was not purposed to be 290, and so for the first year since I played Little League football he didn't let me start. And so imagine I'm going into this Super Bowl for the first time in my career at that point, seven years in the pro, four years of college, and all of high school, not starting.

I got a sense of peace because God had let me know that it would end better than it started, but to make a long story short, I had an epiphany. I had a sense of confidence that God had let me know that I was going to start the Super Bowl; this was the Super Bowl against the Cincinnati Bengals. I hadn't started all year and God let me know you're going to start the Super Bowl, so imagine me going to the press, because I believe that if something has been pronounced in my life that I can believe it. I just knew that this was something that God had let me know would happen. I'm going into the Super Bowl, I'm not starting, I go on the press, and tell at the news conference and press conference, I said, "God told me to tell you I'm going to start this Super Bowl." All the press thought it was funny, and everybody thought I was crazy. I kept on saying it, kept on saying it, and it was time to play the Super Bowl.

The night before the Super Bowl, God said, "You're not going to start the first half. You're going to start the second half." But I can't go in the press and tell everybody that he changed it overnight. And so I'm ready to face the Cincinnati Bengals, telling the whole world, going on press conferences everywhere saying that I'm going to start. And they call the starting lineup and I didn't start. And everybody was looking at me, like, oh, I thought you proclaimed to the world that part of your purpose in this life that you're going to start the Super Bowl. So, everybody's going to look at me like—you could just know that the world was saying you made this proclamation and it didn't happen.

But the second play of the game Steve Wallace, who was the starting left tackle at the time, broke his leg and I came in after the second play and I played the whole game. And I played three more years as a starter after that. So, that Super Bowl meant a lot, because it meant a lot to me because it said that if you have a purpose and it's a divine purpose that no circumstances in life can deny you the things that were meant to happen to you.

Kym

Wow! Isn't that amazing that through that very tough period, even though you had won a Super Bowl prior to that, but you were taken down, you were taken down a notch or more, where things weren't working the way you wanted them to work. And it came through for you. It's amazing how in those darkest moments, or those toughest times, right, that happiness can prevail and a whole new sense of—

Bubba

And the thing that's so crazy about it is nowadays in the NFL if you don't weigh at least 320 pounds they don't even draft you, because the prototype changed because I was determined that I was purposed to be this way. I think that every lineman over 300 pounds should pay me a tax, because if it wasn't for people like me, I was one of the first big lineman who, I got fined over \$1.5 million for being big. Now they give people \$25 million and \$30 million bonuses for being big.

That's something I tell people, this thing that makes you you is precise and perfect. Be happy with it. You have to be so determined to be who you were made to be and that you're not going to conform and change to what society and people think that you should be, that this gift in you is perfect for you. Happiness is knowing that this thing that makes me me is perfect for me. It may not be perfect for anyone else. And if you are diligent and you believe, then you can find joy in who you are, that the world will change to you.

Change the world, don't let the world change you, a lady named [indiscernible] used to tell me that all the time. After I finished playing as a big lineman, all linemen now are big. There's no such thing as a 270, 280 pound offensive lineman, because one big, beautiful, fine, sexy, good looking lineman showed that you could be big and play.

Kym

I like that. I like that. Bubba, hold tight right there, because I'm going to have you give everybody their marching orders for when we end this. So just hold tight for a second.

I want to share with everybody that you're listening to *Wake Up Happy*. I'm Kym Yancey. I'm the Co-Founder and CEO of Live Happy. Please, I want to encourage you to join our movement, to make our world a happier place. This is part of it. This is one of the ways we do this with our *Wake Up Happy* series is we

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do this, every month we do five days out of every month consecutive like this that we do this. You're listening to the third day right now with Bubba Paris, so join the movement, subscribe to Live Happy, just go to livehappy.com. You're going to receive three free Happiness reports that our editorial team put together. These are just gifts to you, and it's just fabulous.

I also want to tell you that if you're a subscriber you're a part of *Live Happy*, you're listening to this session right now, and there are a lot of people who also have registered for the session, they're going to listen later, and that's because if you're a subscriber to *Live Happy* we're going to provide you with a recording of this.

We're also going to provide you with a really cool infographic, and for those on the computer you'll be able to see this infographic, I've got two of them up here, we have an artist that's listening to this entire conversation who turns these into really phenomenal graphic notes. The one on the left is from Louisa Jewell that we had on Tuesday, and then the one on the right is from Debbie Gissoni, who was on Monday, but we do these cool infographics that come along with this.

Then we also create, we have a transcriptionist transcribe the entire conversation. So, all that comes to you free of charge, it's a gift for being a subscriber of *Live Happy*. It's phenomenal.

Now, I want to share with you, before we get off here, something that's really hot for us, we're really excited about, and these are our *Live Happy* notes. These are notes, if you can imagine, it's like a Post-It note, think of a Post-It pad, and there are 10 handwritten messages on this pad. Again, for those of you on your computer, you can see them.

I'm going to give you an idea what some of these say. Like, for example, one of these Post-It notes says, "Someone in the world is thinking of you right now." "Your smile brightens the room." "You make a difference. You matter. Thank you." "You are loved and appreciated." These are all individual notes that you can leave at the gas pump, you can give to your waiter, you can put up on the mirror at home, you can put up on the mirror in the men's or ladies' room. It's about spreading happiness.

I saw Shawn Achor yesterday, the author of *The Happiness Advantage*, a *New York Times* best-selling book, and I showed these to Shawn for the first time, and he was like, "These are fantastic," because it's like happy graffiti that you can spread all over the world. This is all at livehappy.com, we call them Happy Notes, and they're in the Live Happy store.

We also came out with a fabulous, because of the holidays being here, we came out with this incredible book called *Live Happy: 50 Happiness Facts and Quotes*, and this is all based on positive psychology, but it's beautiful. It's a beautiful book with fabulous pictures and great quotes, and great facts. Jeff Olson, my dear friend and the Founder of Live Happy, he really set a fabulous intention when he talked about of all the things you can give people for the holidays, nothing can beat the gift of happiness, to give people the gift of happiness. We've got people getting subscriptions for people, we've got people giving them books, we have people wearing *Live Happy* clothing and all of that.

Now, I will say this, just so you're aware, that anything you buy, and this is a gift to you, anything that you get from the *Live Happy* store, \$50 or more, if it's a purchase of \$50 or more you will have free shipping. There's a discount code you use, which is WakeUp3, and you'll get free shipping on \$50 or more. It's really great. You'll enjoy it. I think when you go to livehappy.com you'll see everything, you'll see what we're talking about.

Now, before Bubba gives you his charge for the day, I want to give you this quote that Bubba gave us earlier, and it was, "You are born with a purpose, and you should manifest your purpose with passion," a quote from Bubba Paris.

Bubba, what should we do, give us a charge, we're going to be hanging up, ending this session, what do you want us all across the world to do today? Give us a couple of tips.

Bubba

You've got to make a couple of proclamations. One, you've got to make a proclamation. You have to wake up every morning and say, "From the top of my head to the soles of my feet I'm perfect in every way." You have to be clear at the beginning of your day that how you are in your present form, not what you're going to be when you lose 10 pounds or when I get more education, that at this present moment from the top of my head to the soles of my feet I'm perfect in every way. That makes you happy.

The second thing that you need to do is that a lot of us have careers that we have by default and not by design, that you have to take a moment to say, Elizabeth, what is this thing in me that makes time disappear? When I find that thing that makes time disappear I'll find that thing that I'm born to do. Each part of your day you're going to have to take a period of time in your life to say what comes natural to me? What makes time disappear for me? Because in that natural thing about me I will find my purpose.

Then the last thing that you need to do is that you need to go into the world and look to give this thing into you that you have in you to someone else with

passion. Give your gift with passion, because when you do you plant a seed into the world that when you need it will come back to you.

Kym That's beautiful. And, Bubba, if I could hand you one of our Post-It notes right now it would say, "You make a difference. You matter. Thank you so, so much."

This has been Bubba France. Bubba France, this is Bubba Paris. You know who Bubba France is, right, out of—

Bubba Yes—

Kym Do you remember him?

Bubba Yes, he plays for a team that I don't like.

Kym I know.

Bubba He was one of my enemies. I'd like to lay hands on him.

Kym Oh yes, yes. And you know what, because I'm from Dayton, Ohio and he was from Dayton, Ohio, so you know there are only two Bubbas I know, you and him. We're talking to Bubba Paris, so it's great to have you, so appreciate all of your

words of wisdom. Be sure to tune in with us tomorrow. Have a great, fantastic,
incredible happy day. Bye-bye for now.